




24 HOURS IN PORTLAND, JAMAICA




PORT ANTONIO, PORTLAND, JAMAICA

 **6:30 AM – Sunrise & Meditation on Your Balcony**


Wake up to the sounds of the rainforest and ocean below.
Optional: Do a quick sunrise stretch or journal session surrounded by nature.

 **7:30 AM – Breakfast at Bushbar (on-site at Geejam)**


 **9:00 AM – Visit Reach Falls**


 **11:30 AM – Chill at Frenchman's Cove**


 **1:00 PM – Lunch at Boston Bay Jerk Centre**


 **2:30 PM – Blue Lagoon Boat Ride**

 **4:00 PM – In-Room Spa Treatment at Geejam**

 **6:00 PM – Sunset at Winnifred Beach**

 **7:30 PM – Dinner at Bushbar (Geejam)**

 **9:00 PM – Chill at the Bushbar Lounge or Balcony Vibes**

 **10:30 PM – Sleep Like Royalty**

